



# Heather Deans RCC-ACS

Phone Number:

778-899-3802

Business City:

British Columbia

Website:

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I completed my Masters of Counselling Psychology at Adler University, after graduating from the University of Calgary with a Bachelor of Arts in Psychology. I have completed various courses in trauma: trauma and attachment styles, risky behaviors linked to trauma, and various theory-based courses exploring the roots of trauma. I have also completed training in Dialectical Behaviour Therapy (DBT), motivational interviewing, as well as substance-abuse group work. Currently I work within the correctional healthcare system, as the supervisor of the mental health team. This role offers me the opportunity to support clients suffering from acute mental health issues such as schizophrenia, psychosis, bipolar, etc., mood disorders such as PTSD, anxiety and depression, and substance-use related issues.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote

