



Gorette Pereira Imm RCC-ACS (Provisional)

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Website:

[www.latitude-](http://www.latitude-wellness.com/gorette-imm)

[wellness.com/gorette-imm](http://www.latitude-wellness.com/gorette-imm)

Gorette is a highly skilled and compassionate therapist with over 15 years of experience. As a dedicated professional, she has made significant contributions to the mental health community through her clinical work, research, and commitment to training the next generation of therapists.

Gorette specializes in working with individuals, couples and families, across the lifespan. Her therapeutic approach integrates evidence-based and wise practices, including cognitive-behavioral therapy (CBT), dialectical-behaviour therapy (DBT), emotion focused therapies, solution-focused therapy, and narrative therapy. She has a deep understanding of diverse cultural perspectives and is committed to providing trauma informed and culturally competent care. Gorette has experience in working with various client presentations, with specialization in trauma, eating disorders, substance use and supporting victims of violence.

As a clinical supervisor, Gorette has mentored and guided numerous therapists through their practicum and registration process. Her supervision style is collaborative and strengths-based, fostering a supportive learning environment. She believes in cultivating the unique talents of each supervisee while providing constructive feedback to enhance their clinical skills.

Gorette has contributed to the field through her research on the impact of family dynamics on mental health outcomes. She has presented her work at national conferences and has published articles in reputable peer-reviewed journals. Additionally, she provides consultation and education on mental health to various government and community organizations.

Gorette is committed to ongoing professional development ensuring that her skills and knowledge remain current and aligned with best practices.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

