



Geri-Lynn Rempel RCC-ACS

Phone Number:

604.532.5340

Business City:

Castlegar, Langley

Website:

crossroadscollective.ca

I have been a Registered Clinical Counsellor since 2013 and a Supervisor since 2017. My primary experience has been with trauma-- supporting victims of sexual assault, relationship abuse, childhood sexual abuse and First Responders. I also have experience supporting clients with anxiety, anger, addictions, Borderline Personality Disorder, depression, communication, stress management, self-esteem/self-worth.

I have training in CBT, DBT, Narrative Therapy, Motivational Interviewing, Critical Incident Stress Management, Solution-Focused Brief Therapy and EMDR. The pillars of my practice, with clients and colleagues, are strengths-based, client-centered, non-judgmental, collaborative, mindfulness-based and empowering.

Counselling is an amazing profession-- we get to make a difference in the world every single day-- but it's not without its challenges. I love supporting my colleagues through those challenges and always learning and growing together.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

