



# Gabriela Gutierrez RCC-ACS

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I have over a decade of experience providing clinical services to clients in both non-profit and private practice settings, and have 5 years of experience supervising Master's level students. I consider myself aligned with Solution Focused approaches due to the nature of the contract work at my main place of work. However, I view client work through a systemic, trauma sensitive, values-based lens, and like to use research-based approaches to support growth and change. Such approaches include neurobiological strategies, mindfulness, CBT, and child focused attachment-based therapies.

Facilitating therapy with clients is both personally and professionally challenging and I believe it important to allow for space to focus on skills building, personal awareness, professional growth, and case management in supervision.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

