



Deborah MacNamara RCC-ACS

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I am a relational-developmental counsellor who supports adults (parents, teachers, child care professionals, social workers, foster parents, health care and counselling professionals) in making sense of kids. I am a faculty at the Newfield Institute after completing a post-doctoral internship with Gordon Neufeld, Ph.D. I have been in private practice for over 15 years and have worked in mental health educational settings. My two books are Rest, Play, Grow: Making Sense of Preschoolers (or anyone who acts like one) and Nourished: Connection, Food, and Caring for our Kids (and everyone else we love), and you can find more information about me on my website.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

