



David Lindskoog RCC-ACS

Phone Number:

778-835-3540

Business City:

Burnaby, Coquitlam,

Port Moody

Website:

www.davidlindskoog.com

My counselling experience has spanned the not-for-profit, primary/secondary education, private, and post-secondary education sectors. Although I consider myself a generalist as a counsellor, I have developed specializations in suicide prevention/intervention, career counselling, gaming/geek culture, and am a Certified Therapeutic Game Master in the Game to Grow method of Therapeutically-Applied Roleplaying Games. I have been providing clinical supervision to masters level students completing their practicum training since 2019, and have completed in-depth masters level coursework on the fundamentals of providing clinical supervision.

My primary theoretical influences include Emotion-Focused/Process-Experiential, Narrative, Person-Centered, DBT/CBT, and Existential/Humanistic Therapies. As a clinical supervisor, my biggest theoretical influences are Developmental and Constructivist: I work with supervisees to develop an open and honest relationship built on trust, and assume that supervision needs will change over time. I work to understand supervisees' subjective experiences, and help them understand and re-author the stories they tell themselves about their identity as a therapist.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

