



# Danielle Holtjer RCC-ACS

Phone Number:

1-778-899-3802

Business City:

Vancouver, Burnaby,  
North Vancouver

Website:

[skylarkclinic.ca](http://skylarkclinic.ca)

Danielle has worked in the counselling field for the last 10 years. She currently supervises 20 RCC's with a diverse variety of therapeutic modalities and specializations at Skylark Counselling Clinic in Vancouver. Throughout her career, she has supervised practicum students, taught Master's level classes on anger management, sex therapy, trauma, and counselling skills. She has worked for a local health authority as a concurrent disorders clinician in addictions, worked as a clinical consultant enhancing clinical documentation systems, and worked in India conducting couples therapy.

She uses DBT, EFT, Motivational Interviewing, EMDR and Somatic Experiencing modalities in her work. Her case consultation sessions are structured, straight-forward, with a sense of humour and warmth with the goal of integrating professional self-awareness, parallel processing, therapeutic modality, ethics, and increased counsellor confidence during her supervision sessions. She celebrates diversity in her sessions as an LGBTQ+ ally, sex positive advocate alongside her feminist values.

Danielle grew up in a small town in the Okanagan, where she still jokes, she is still trying to encourage everyone she knows to get a counsellor. She believes her heart is forever in counselling, and her soul is amongst the forests and orchards in the Okanagan Valley and in the mountains of the Lower Mainland.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote

