



Dale Trimble RCC-ACS (Provisional)

Phone Number:

604-809-8641

Business City:

Greater Vancouver,

Sunshine Coast

Website:

www.daletrimble.com

With over 40 years of experience as a therapist, I provide individual and group supervision. Sessions are conducted over Zoom. I provide supervision in the AEDP (Accelerated Experiential Dynamic Psychotherapy) therapy model. Still, I'm influenced by various other modalities, including somatic, gestalt, EMDR, Narrative and Humanistic models. Many find my extensive experience with trauma and working with men who use violence, assessing risk, and supporting victims of violence to be of great value in challenging cases. My therapy practice now includes as many women as men, so my supervision is not limited by my initial focus on men's issues. Since the strength of the therapeutic alliance is the most important factor in producing a change in therapy, I bring particular attention to self-awareness and self-regulation as a therapist, as well as the ethical use of self-disclosure.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Telephone
- Online/Remote

