



Ciarán Mc Donagh RCC-ACS

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Hi all,

I am a psychotherapist with over twenty years experience working in the counselling field. The majority of career was spent in Dublin, Ireland where I am from. I now live and work in the Okanagan BC. During those years I have worked in a wide range of settings including not-for-profit community agencies, residential treatment centres, group homes, clinical programs, public schools, post-secondary, correctional centres, and private practice. My private practice currently holds space for adolescents, teens and adults. A big majority of my work is spent supporting rural native communities.

My therapeutic approaches are Cognitive Behavior Therapy (CBT), Emotion-Focused (EFT), Dialectical Behavior Therapy (DBT), Choice Theory and Reality Therapy, Existential psychotherapy, Gestalt Therapy, Client-centered therapy, Motivational Interviewing and Therapeutic Use of Mindfulness.

I really enjoy the educational component of supervision and the therapeutic development that occurs. I can share from my vast experience to assist and support the development of the supervisee. I enjoy watching my supervisees grow and become more confident in their own practice.

I am able to provide clinical supervision for students and other counsellors virtually or in-person depending on your preference. I also take student interns into my practice on a regular basis.

My website is updated regularly for group and individual supervision.

Happy to answer any questions, feel free to reach out.

Yours

Ciaran

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

