



Cecile Tucker RCC-ACS

Phone Number:

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Business City:

Kamloops

Website:

www.wellmind.ca

I focus my supervision practice on supporting new grads. Whether you're looking for additional hours to meet BCACC requirements or a supervisor to help you see how amazing you already are, that's what I'm here for! I work to find the balance between empowering you to apply what you already know and providing helpful, clear guidance on what to try next, as necessary.

I describe my theoretical approach as eclectic. Because I specialize in trauma, my favourite modalities are Emotionally Focused Individual Therapy, Somatic work, Attachment based work, Internal Family Systems and EMDR.

I view all of my cases through a lens of intersectionality, working to understand how power and oppression impact and influence our clients. I actively work to notice and understand how the impacts of my privilege and power as a cis white woman of European descent influence my sessions.

I can't wait to work with you!

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Online/Remote
- In-Person

