



Catherine Cloutier RCC-ACS

Phone Number:

778-765-4110

Business City:

Kamloops, Kelowna,

Online

Website:

sandstonecentre.ca

Catherine Cloutier is the Clinical Director at Sandstone Counselling Centre (sandstonecentre.ca). She has been providing psychotherapy for over 13,000 clinical hours as a Registered Clinical Counsellor (RCC), and over 20,000 hours of client service in related professions. She is an experienced Clinical Supervisor and has provided over 260 hours of Clinical Supervision to both practicing professionals and graduate students.

Catherine offers Supervision Concentrations in the treatment of PTSD and trauma, first responder trauma, chronic pain, anxiety and depression. Her background includes certifications in Yoga Therapy and Clinical Hypnotherapy.

Consistent with the new expectations in the ethical practice of Clinical Supervision, Catherine is receiving ongoing Supervision Mentoring (Supervision of Supervision). She engages in ongoing training in Clinical Supervision, with the recent completion of a BCACC approved Masters level course in 2021. In the past, during the course of her professional development in Clinical Supervision, Catherine has also received training with Dr. Carol Falender, the developer of Competency-Based Supervision.

1. Fee-for-Service Clinical Supervision|Supervision-of-Supervision for RCCs Private Practice & other settings
2. Fee-for-Service Clinical Supervision for Groups, Societies, or Organizations
3. No on-site experience for Students (Practicums or Clinicals) available. Fee-for-service support can be arranged in special circumstances. Supervision hours may be used for credentialling for Association Memberships or Memberships in a College. Supervisees would need to confirm with the respective association or college to confirm specific requirements.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Supervision of Supervision
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

