



Carsen Farmer RCC-ACS

Phone Number:

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Vancouver

Website:

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A counsellor, adventurer, and proponent of social justice, I work to promote human well-being. My approach is collaborative, client-centred, and integrative, drawing on cognitive, emotional, somatic, and expressive approaches to therapy. I specialize in LGBTQ+ competent individual counselling and kink- and poly-friendly relationship counselling. I also teach counselling skills and theory at several institutions in Vancouver. I use IFS, Narrative Therapy, CBT, IFOT, and Gottman Method Couples Counselling in my counselling work.

If you engage in supervision or clinical consultation with me, you can expect a warm and supportive environment where issues are approached with gentleness and compassion. I work from a strengths-based perspective, while also challenging you to face discomfort, engage with ethical issues, and grow your skills as a counselling practitioner. I am informed by Vikki Reynold's Supervision of Solidarity training, as well as the Seven-Eyed Seeing model taught by Janet White in her Clinical Supervision Certificate Course.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

