



Caroline Creighton RCC-ACS

Phone Number:

250-516-6110

Business City:

Victoria, Langford

(Westshore)

I have worked in the Non-Profit sector in Victoria and the Westshore since I received my Master's from the Adler University in 1993. I have worked in a variety of programs such as: parenting, youth outreach, substance use, mental health and trauma. I am familiar with CBT, EMDR, Short-term Brief Therapy, and Adlerian approaches. I incorporate a variety of strategies both in my practice and in my supervision based on the needs and identified goals of the person I am working with. To date, the majority of my supervision has been with Master's level students looking to apply for registration and with peers. My goal is to provide a safe learning environment in which one can develop insight and enhance their practice.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Online/Remote
- In-Person

