



Carly Goodfellow RCC-ACS

Phone Number:

604-307-1068

Business City:

Tsawwassen, BC

Website:

[www.carlygoodfellowco
unselling.com](http://www.carlygoodfellowco
unselling.com)

In my 16 years as psychotherapist, I am grateful to have had excellent supervision. I have also noticed when supervision methods are less effective and don't support the therapist to feel skilled and build competency.

I work with clinicians, at all stages of their career, that are seeking a supportive space to build confidence and expand their clinical toolkit.

I aim to create a supervision environment that provides:

- A landing place to share your work and help you feel encouraged - with foundational principles of non-violence and organicity that recognizes that growth occurs when we are given the right conditions.
- Encouragement to identify your unique strengths as a therapist. You will come with your own skills, training, values and life experiences that go into your own unique therapist signature.
- A compassionate lens to look at roadblocks that are coming up for you in your work with clients. Including therapist countertransference, therapeutic impasses and enactments, isolation and compassion fatigue.
- Help with navigating private practice challenges, ethical considerations and jurisprudence issues in our developing field.
- Gentle encouragement to map out and enact the growth as a therapist you are wanting to see over time.

I bring clinical expertise in Sensorimotor Psychotherapy, EMDR, Integrative-Psychodynamic Psychotherapy, Hakomi skills, Music-Integrated Therapy, Therapeutic Voicework, Clinical Hypnotherapy, Developmental-Relational Couples Therapy, CBT and DBT skills, Couples Dialogue Coaching, Transpersonal counselling, assessment and treatment planning and somatic mindfulness-based interventions.



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I also particularly specialize in helping therapists build somatic tools, skills and confidence in working with challenging client cases involving trauma, complex- PTSD, structural dissociation and developmental trauma that require somatic and relational skills in stabilization and attachment repair.

Qualifications:

Master of Integrative Psychotherapy (2010) - University of Birmingham, UK

Registered Clinical Counsellor (BCACC)

Approved Clinical Supervisor (BCACC)

Certified Sensorimotor Psychotherapist (Sensorimotor Psychotherapy Institute)

Clinical Hypnotherapist (Canadian Society of Clinical Hypnosis - BC Division)

Music-Integrated Psychotherapist

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Telephone
- Online/Remote
- In-Person

