



Candida Moreira RCC-ACS

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New Westminster

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My style of supervision is relational and experiential and my values as a supervisor include humility, curiosity, humour, integrity, authenticity & public learning.

With me, you'll find space for you to explore areas of discomfort, your edges and blind spots. Guided by the belief that acknowledging our own humanness is critical, I lead by example and share about my own #therapistfails to open dialogue. I believe in celebrating your wins and investing in helping you build a career and practice you love.

I draw on my training in narrative, DBT, IFS, brainspotting & other somatic therapies as well as my own lived experience as a client, therapist, supervisee & human on this planet. I work mostly with other therapists, and/or those who identify with BPD, Autism, AuDHD, C(PTSD) & other ND labels. I support clients of all ages, and offer 1:1 and group options.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Online/Remote

