



Beth Triano RCC-ACS

Phone Number:

604-948-1829

Business City:

Vancouver,

Tsawwassen, Remote

Website:

bcacc.ca/counsellors/beth-triano/

I am a Registered Clinical Counsellor in Vancouver, British Columbia, where I work with clients in therapeutic and supervisory roles. My work-week is divided between my private practice and a local university where I am honoured to be part of a wonderful team of counsellors supporting students from all over the world.

My background in Somatic Therapy and my role as supervisor, instructor, facilitator, and program director for a school of Yoga Therapy (grounded in the work of Carl Rogers), led me to seek further education in psychotherapy through the completion of my Masters. I am currently in the last year of my Doctoral studies where I continue to focus on the impacts of trauma on human beings in relationship. I counsel individuals and couples of all sexual identifications, genders, and relationships.

I offer supervision through the lens of human development, existentialism, mindfulness, and self-reflection. My intention is to provide a strengths-based, ethically sound, trauma-aware foundation for a supervisory experience rich in self growth and clinical/professional development for individuals as well as teams of counsellors. I am passionate about paying forward the wonderful supervisory support I have received over the course of my education and professional career. As a lifelong student I will continue to stretch myself through ongoing supervision as well as education.

I offer a complimentary 20-minute call or zoom with you to see if we are a fit for each other.

As a person of settler origin, I acknowledge that I am an uninvited visitor who lives, works, and plays on the unceded, stolen, ancestral, and occupied territories of the s̓c̓əwəθən məsteyəxʷ (Tsawwassen), xʷməθkʷəy̓əm (Musqueam), Səl̓ílwətaʔ (Tsleil-Watuth), Stó:lō, Shíshálh (Sechelt) and Skwxwú7mesh (Squamish) Nations of the Coast Salish people. I am committed to decolonizing myself, my community, and society.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

