



# Barbara Aronchick- Zachernuk RCC-ACS

Phone Number:

604-837-0484

Business City:

Nanaimo, Duncan,

Parksville

Website:

<https://www.psychologytoday.com/ca/therapists/barbara-aronchick-zachernuk-nanaimo-bc/262153>

Being a clinical supervisor/consultant, team member, and private practitioner has enabled me to meet and learn from many complex dynamics. My supervision and my therapy orientation reflect a collaborative, trauma-informed, person-centred and when possible, play-based perspective. My professional commitment to therapeutic work spans 20+ years, and I particularly appreciate both the unique challenges of individual perspectives and the cross-fertilization of family systems often shaping how an individual will develop. Much of my earlier work as an educator, was dedicated to meeting the needs of children, youth, and young adults identified as "special needs/neurodiverse". School systems, institutions, agencies, and private facilities have all afforded me the opportunity to grow my practice beliefs. I incorporate and teach developing counselling interns to appreciate the contributions of caregivers in the development of their clients from birth through to the senior years. As well, my work tries to reflect a strong interest in understanding and supporting the needs/challenges that emerge when people are raised in alternate care systems- adoption, fostering, and extended family rearing patterns across different cultures and economic circumstances.

It is my belief- that ongoing Clinical Supervision, as well as education over the life of one's practice, is critical for clinicians, and key to meeting the needs of a broad and shifting client base. Drawing often, but not exclusively, from an expressive, play-centred model, I work to encourage growth within the work, in order to expand the container of safety and hope in the process.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

## Type of Services

- Online/Remote
- In-Person

