



Azadeh Miley RCC-ACS

Phone Number:

778-989-3144

Business City:

Surrey, White Rock,

Vancouver

Azadeh is a Registered Clinical Counsellor (RCC) with the BCACC and holds a Master's degree in Counselling Psychology. She has been the manager of Youth Services with Sources Community Resources and enjoys working with youth and their families while taking a trauma-informed and harm reduction approach. She has received advanced training in emotion-focused family therapy (EFFT) and bases her therapeutic approach to working with families on raising parental self-efficacy while helping family members to deeply understand and validate one-another. Azadeh is trained in DBT, Acceptance Commitment Therapy and mindfulness-based approaches. Azadeh is well versed in guiding her clients through concerns such as anxiety, depression, grief, anger management, substance abuse, parenting and life transitions/divorce/separation.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

