



# Ariel Graham RCC-ACS

Phone Number:

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My approach to clinical supervision (and life) is one of compassion, collaboration, humour and humility. I bring my skills, knowledge, and insights to the table while supervisees bring their life experience and expertise. I work from an embodied, feminist approach, primarily using somatic, cognitive-behavioural, and narrative modalities. The supervision model I draw from is developmental, systemic, and relational. It encompasses the relationships between the client, therapist and supervisor whilst considering the dynamics between each relationship and their broader systemic considerations. Some areas that supervision can cover are clinical skills, transference/countertransference, case conceptualization, and ethical considerations. Supervision can be multifaceted and tailored depending on the supervisee's experience and goals.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

