



# Anna M Derbis RCC-ACS

Phone Number:

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Business City:

Toronto, Remote

Website:

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Anna is a Registered Psychotherapist (RP), Registered Canadian Counsellor (RCC) and Registered Canadian Art Therapist (RCAT) allowing her to work across various modalities and provinces. Most recently Anna has worked in a community mental health agency specializing in working with children, youth and their families with moderate to complex mental health needs. Additionally, Anna has experience working with adults in private and inpatient settings applying a trauma-informed and strength-based approach to her work.

Anna's clinical supervision is collaborative and relational in nature, focusing on growth and development for the clinician as well as the supervision partnership. Anna offers a blend of hands-on experience, resources and clinical discussion to enhance critical thinking and expand conceptualization of a case. Anna is trained in a variety of modalities which include, but are not limited to; CBT, DBT, MI, Narrative Therapy, EFST, ACT, IFS as well as others.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

## Type of Services

- Telephone
- Online/Remote

