



Ann Holroyd RCC-ACS

Phone Number:

250-729-5356

Business City:

Nanaimo, Parksville,
Duncan

Website:

www.talkwithme.ca

As a Registered Clinical Counsellor, my emphasis is on individual, couple and child counselling. I have worked extensively with couples utilizing Level 3 Gottman Training and Attachment theory. I hold certifications in expressive play therapy (with children) and Jungian Sandplay therapy through the International Society of Sandplay Therapy (ISST) and work with children drawing from these modalities. I also hold an EMDR designation and work with individuals who are experiencing mental health issues associated with complex trauma.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

