



Angela Johnson RCC-ACS

Phone Number:

604-888-9250

Business City:

Penticton

Angela has over 20 years of experience working as both a clinical counsellor and a social worker in various settings. For ten years she worked within the context of a women's shelter society, coordinating a trauma counselling program for women affected by domestic violence, sexual assault, and childhood abuse. She currently works in a community adult mental health setting, and also has a private practice. She started supervising students 10 years ago and now offers individual and group supervision to counsellors privately and within the health authority. Angela works from a model of counselling and supervision grounded in feminist, solution-focused, and trauma-informed theories and practices. She integrates a variety of treatment modalities, including EMDR, somatic therapy, mindfulness-based therapies including DBT and ACT, and expressive arts. Angela's areas of specialization/interest include trauma, post-traumatic growth, infertility and pregnancy loss, self-compassion, life transitions, counsellor training and development, vicarious trauma and resilience.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

