



# Andrew Lochhead RCC-ACS

Phone Number:

250-338-2700

Business City:

Courtenay, Comox,  
Cumberland

Website:

[pacifitherapy.ca](http://pacifitherapy.ca)

Andrew's practice includes work with children, youth, families and adults. He has experience providing clinical counselling services for the Ministry of Children and Family Development, Worksafe BC, Work BC, ICBC, various Employee and Family Assistance Programs, and private individual clients. Andrew has been involved in the development, operation and ownership of a group clinical practice for over 20 years. Andrew has been providing Clinical Supervision and Consulting for other counselling professionals and Master of Counselling students for over 10 years.

Andrew is an EMDR trained therapist and he has completed additional training in Clinical Supervision and Consultation, Cognitive Processing Therapy, Prolonged Exposure Therapy, Cognitive Behavioural Therapy, Acceptance and Commitment Therapy, Prolonged Grief Therapy, Personality Disorder Treatment and Management, Cognitive Behaviour Therapy for Insomnia, Mindfulness Based Cognitive Therapy, Brief Solution Focused Therapy, and Client Directed, Outcome Informed Therapy.

Andrew has training and experience in Vocational Rehabilitation and Disability Management. Andrew has significant experience working with individuals who have experience traumatic injuries and are in the process of recovery.

Andrew's theoretical orientation is primarily cognitive behavioural and is augmented by systemic thinking and intervention. Andrew's work is client centered, collaborative and he has a fairly direct style.

If you would like more information or would like to discuss how Andrew may be able to assist you, please contact him directly at Pacific Therapy & Consulting.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

