



Amber Eves RCC-ACS

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I began my career of helping others as a classroom teacher and worked with all grade levels - an occupation I enjoyed for 15 years. I was inspired to pursue my Masters' of Education in Counselling Psychology in order to better serve the mental health needs that I was observing. For 7 years I served children and youth in elementary, middle, and secondary settings. Since 2007, I have been a clinical counsellor in various community and agency settings - working with children, youth, adults, and couples. I started supervising practicum students in 2016 and decided to formalize my learning and skills by taking the BCCAC's Clinical Supervision course in 2018.

As a BCACC supervisor I can offer clinical supervision to practicum students to encourage your personal and professional growth as you develop counselling skills throughout your internship, This service would meet the requirements of your graduate program as set out by your institution and I would provide any and all evaluations necessary. The fee is \$75/hour.

Also, I can provide clinical or group consultation to practicing clinicians to encourage self-reflective practice, discuss various strategies, and offer a safe and confidential setting for case review. I have found, for myself, that meeting with my own supervisor once a month helps put things into perspective, provides validation, encouragement, and professional guidance while still honouring my choice as to what to take forward into my own practice. The fee is \$150/hour and the maximum group size is 3 persons. Individual sessions are 1 hour and group sessions are 90 minutes.

Theoretically, I integrate various approaches into my work which is first and foremost trauma-informed and culturally sensitive. Internal family systems, narrative therapy, DBT, ACT, and the work of Janina Fisher inspire and inform my client interactions.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation

Type of Services

- Online/Remote

