



Alishia Vahanvaty RCC-ACS

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Hi! Thanks for checking out my profile. I am a Registered Clinical Counsellor and have been practicing since 2017. I am a member in good standing with the BCACC. Since graduating with my Masters of Counselling Psychology, my learning has never stopped. I have taken several continuing education courses and certificate programs in Expressive Play Therapy, Responding to Suicide, Cognitive Behavioural Therapy Level 1 and 2, Emotion Focused Family Therapy, Complex Trauma and EMDR. My areas of specialty include: trauma, anxiety, depression, self care and attachment issues. I work with children, youth and adults. I believe in the value of the therapeutic relationship between therapist and client and am client-centered and holistic in my approach. I started offering clinical supervision approximately a year ago and find the experience to be highly rewarding. My previous students have expressed gratitude in my approach and describe me as warm, collaborative, approachable and knowledgeable. I look forward to working with you!

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

